

**NEWSLETTER #36****June 10<sup>th</sup>, 2022****SPORTS DAY – JUNE 17**

Woodward's Sports Day returns on Friday! We have an exciting day of fun and activities planned.

- 8:30 – Drop bikes, etc. at the undercover area
- 9:10 – Team cheers in the gym
- 9:20 – Wheels parade around the park
- 9:45 – Game rotations begin
- 10:20 – Recess
- 11:35 – Grounds clean up
- 11:45 – Lunch – students play outside first
- 12:35 – Lunch – students eat in their classrooms (Thank you for hot lunch, PAC)
- 1:05 – Tug o' Wars
- 1:30 – Ribbon awards
- 1:45 – Return to classrooms
- 2:45 - Dismissal

**PICNIC IN THE PARK**

Save the date! On the evening of June 17, our PAC and Woodward Elementary will host a family night in our Woodward park. Families can bring their own picnic dinner and some outdoor games to enjoy together as a community. More information will come soon!

**PAC MEETINGS**

Congratulations to our 2022-2023 PAC executive:

- Chairperson – Gina Mahil
- Co-chair – Pooja Kalsi
- Treasurer – Lori Takenaka
- Secretary – Ravinder Reel



We look forward to amazing year with our new PAC. We would like to thank and congratulate our outgoing PAC treasurer, Bonnie Tan, for her 12 years as a member of the Woodward PAC. Her dedication, support, hard work, and care has had a positive impact on our entire community. Thank you, Bonnie! PAC are amazing resources for our entire school community. A strong PAC bonds our school community with our families. Please reach out with questions or ideas ([woodwardpac@gmail.com](mailto:woodwardpac@gmail.com)). *Our next PAC meeting will be in September.*

**GRADE 7 CELEBRATION**

Our grade seven parents help make our year end celebrations special. We need your help. If you are interested in supporting our events, please contact Bonnie Tan at [poohus@hotmail.com](mailto:poohus@hotmail.com). Baby and toddler photos can be sent to [bcameron@sd38.bc.ca](mailto:bcameron@sd38.bc.ca).

**NATIONAL INDIGENOUS HISTORY MONTH**

In June, Canadians recognize and celebrate National Indigenous History Month to honor the history, heritage, and diversity of Indigenous peoples in Canada. Please visit: [our school district site](http://our school district site) or [the NIHM national site](http://the NIHM national site) for more information

**COVID HEALTH & SAFETY:**

All students and their families are encouraged to share and practice health and safety routines at school and home. Please review our Mandatory Health and Safety Declaration every morning before coming to school. Please visit: <https://sd38.bc.ca/covid-19-updates> for more information. Call 8-1-1 or contact a health care practitioner with questions.

**BOOK SWAP JUNE 21-23**

Students are invited to bring in their gently used books from June 21-23. Drop them off in the library with Ms. Sato. For each book they bring in, they will receive a ticket. On June 23, the books will be on display for students to choose - each ticket will represent one book they can choose at the swap. This event highlights not only the importance of sustainability in "reusing" books but will hopefully jumpstart your child's reading over the summer by allowing them to choose a "new" book to begin their summer reading program.

**2022-2023 SCHOOL CALENDAR**

Please visit our website or see our weekly email for next year's school calendar.

**UPCOMING EVENTS**

June 17	Sports Day
June 17	Hot lunch
June 17	Picnic in the Park night
June 20	Grade 7 field trip
June 22	Div. 4 and 6 field trips
June 23	Year-end assembly
June 24	Grade 7 Farewell assembly
June 29	Last day of school – reports sent home

**NEWSLETTER #36****June 10<sup>th</sup>, 2022****Daily Health Check and What to Do When Sick****January 2022****Daily Health Check**

Everyone going into to school must complete a daily health check, including staff, visitors, and students. A daily health check means checking yourself or your child for new symptoms of illness, including symptoms of COVID-19.

Symptoms of illness (including COVID-19) include things like:

- Fever or chills
- Difficulty breathing
- Runny nose
- Headache
- Diarrhea
- Cough
- Sore throat
- Sneezing
- Body aches
- Loss of sense of smell or taste
- Loss of appetite
- Extreme fatigue or tiredness
- Nausea or vomiting

**If you are sick or feel unwell, stay at home. This is important to stop the spread of illness, including COVID-19, in schools.**

**You can attend school if:**

- Your symptoms are consistent with a previously diagnosed health condition (e.g., seasonal allergies), OR
- You have existing symptoms that have improved to where you feel well enough to return to regular activities,

**AND you are not required to self-isolate, or your self-isolation period is over (based on a positive COVID-19 test result, if taken).**

**What to Do When Sick**

**If you have mild symptoms of COVID-19, you usually don't need a test.** Mild symptoms are symptoms that can be managed at home. Most people don't need testing for COVID-19.

Stay home and away from others (as much as possible) until you feel well enough to return to your regular activities and you no longer have a fever. You should also avoid non-essential visits to higher risk settings such as long term care facilities and gatherings, for another 5 days after ending isolation.

If you have a Rapid Antigen Test at home, use it when you have symptoms. How long you should stay home depends on your test result. Find out more about [Rapid Antigen Test results](#).

**If you do not have symptoms of COVID-19, you do not need a test.**

**If you are unsure about your symptoms, use the [Self-Assessment Tool](#), contact your health careprovider or call 8-1-1.**

Testing may be recommended for some people who may be more likely to get severe disease. See BCCDC for information on [who testing is recommended for](#).

**What to Do if Someone in Your Household is Sick**

You can continue to attend school if someone in your household is sick and/or self-isolating as long as you do not have any symptoms of illness and feel well. This includes if they have tested positive for COVID-19. Try to stay apart from the person in your household who is sick as much as possible.

Closely monitor yourself (or your child) for symptoms of illness and stay home if you develop symptoms of illness or feel unwell.