



Growth Mindset Survey (Gr. 3 - 7) - February 2025


* Required

1. I am in grade.... * 

- 3
- 4
- 5
- 6
- 7
- Other

2. Can you name two adults at school who you know and feel care about you and believe in you? * 

- Yes
- No
- Not sure


3. In your own words, what does it mean to have a 'growth mindset'? * 

Enter your answer


4. What are examples of positive self talk that you use when you are learning? (Ex. I can do this)



Enter your answer

5. Can you name an area of learning, or subject, where your self talk is positive? 

Enter your answer

6. What emotion/emotions do you feel? (our Mood Meter words) 

Enter your answer